

**MVHS GYMNASIUM/MEZZAZINE**  
**345 McKenna Avenue**

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1:00-4:00 Minor Basketball						1:00-5:00 Open Activities
6:00-8:00 Adult Basketball						
8:00-10:00 Senior Volleyball/ Badminton	8:00-10:00 Co-ed Volleyball	8:00-10:00 Senior Volleyball/ Badminton	8:00-10:00 Co-ed Volleyball	8:00-10:00 Senior Volleyball/ Badminton		
<b>MEZZANINE</b>						
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
8:00-9:00 Fitness for Women	6:00-8:00 Tae Kwon Do 8:00-9:00 Fitness for Women	6:00-9:00 Tae Kwon Do	6:00-8:00 Tae Kwon Do 8:00-9:00 Fitness for Women	6:00-9:00 Tae Kwon Do	6:30-7:15 Judo	10:00-12:00 Tae Kwon Do
<b>WEIGHT ROOM:</b>						
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Closed	6:00-9:00 Open	6:00-9:00 Open	6:00-9:00 Open	6:00-9:00 Open	6:00-9:00 Open	Closed

**Contacts:**

Minor Basketball	Merita MacMillan	622-5348	Start October 11 <sup>th</sup>
Adult Basketball	Kevin Richard	623-2314	Start September 18 <sup>th</sup>
Senior Volleyball 13 <sup>th</sup>	Todd Hickey 778-8202	Andrea Bowes 622-8941	Start September
Co-ed Volleyball	Mary & Tom Duffy	622-8749	Start September 12 <sup>th</sup>
Fitness for Women	Toby Hale	622-4765	Start September 12 <sup>th</sup>
Tae Kwon Do	Glen Hale	622-9193	Start September 13 <sup>th</sup>
Badminton	Andrew Prince	622-4005	Start September 13 <sup>th</sup>
Judo	Kathy McWilliams	622-3514	Start September 23 <sup>rd</sup>