

## Golden Hawk Pool – Winter Schedule

January 8<sup>th</sup> to March 18<sup>th</sup>, 2022

(Instructional Swim Make-up classes March 19<sup>th</sup> to March 25<sup>th</sup> if necessary)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Recreational Swim</b> 2:00pm-4:00pm	<b>Senior Lap Swim</b> 9:00am-9:55am	<b>Senior Lap Swim</b> 9:00am-9:55am	<b>Senior Lap Swim</b> 9:00am-9:55am	<b>Senior Lap Swim</b> 9:00am-9:55am	<b>Senior Lap Swim</b> 9:00am-9:55am	<b>Instructional Classes</b> 11:00am-1:00pm
	<b>Aqua Yoga</b> 10:00am-10:55am	<b>Aqua Fitness</b> 10:00am-10:55am	<b>Aqua Yoga</b> 10:00am-10:55am	<b>Aqua Fitness</b> 10:00am-10:55am	<b>Tots &amp; Preschoolers Morning Swim</b> 10:00am-10:55am	
	<b>Adult/Senior Recreational Swim</b> 11:00am-11:55am	<b>Adult/Senior Recreational Swim</b> 11:00am-11:55am	<b>Adult/Senior Recreational Swim</b> 11:00am-11:55am	<b>Adult/Senior Recreational Swim</b> 11:00am-11:55am	<b>Adult/Senior Recreational Swim</b> 11:00am-11:55am	
<b>Pool Rental</b> 4:00pm-5:00pm	<b>Lap Swim</b> 12:00pm-12:55pm	<b>Lap Swim</b> 12:00pm-12:55pm	<b>Lap Swim</b> 12:00pm-12:55pm	<b>Lap Swim</b> 12:00pm-12:55pm	<b>Lap Swim</b> 12:00pm-12:55pm	<b>Recreational Swim</b> 1:15pm-3:45pm
<b>Pool Rental</b> 5:15pm-6:15pm	<b>Instructional Classes</b> 5:30pm-7:30pm	<b>Sensory Friendly Recreational Swim</b> 5:30pm-7:30pm	<b>Instructional Classes</b> 5:30pm-7:30pm	<b>Instructional Classes</b> 5:30pm-7:30pm	<b>Recreational Swim</b> 6:00pm-7:30pm	<b>Pool Rental</b> 4:00pm-5:00pm
	<b>Lap Swim</b> 7:30pm-8:30pm	<b>Lap Swim</b> 7:30pm-8:30pm	<b>Lap Swim</b> 7:30pm-8:30pm	<b>Lap Swim</b> 7:30pm-8:30pm	<b>Teen Swim</b> 7:35pm-9:00pm	<b>Pool Rental</b> 5:15pm-6:15pm

### Swim Fees:

Recreational & Lap Swims      \$3.00/visit/person or pool pass  
 Senior Swims                      \$3.00/visit/person or Seasonal Activity or Pool Pass  
 Aqua Yoga & Fitness            \$3.00/visit/person or Pool Pass  
 Family Rate                        \$10.00/visit/family  
 Frequent User Passes          \$50.00 for 20 punches  
*Yearly swim passes also apply to all pool sessions*

Pool Rentals:                        \$90.00 for 2-hour rental  
 (1<sup>st</sup> hour in pool, 2<sup>nd</sup> hour in Teen Room)

### **SPRING INSTRUCTIONAL SWIM REGISTRATION**

Online registration will go live beginning **Tuesday, March 22, 2022 at 5:30pm** at: [app.booking.ca/miramichirecreationpub/](http://app.booking.ca/miramichirecreationpub/) for those wishing to pay by credit card.

At the same time walk in registration will be held from 5:30 pm-7:00 pm at the Recreation Office for those who wish to pay by cash, cheque, or debit